

HOT MARKET SANDWICH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Paprika Marinated Chicken served with Savoury Vegetable Rice

Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Minty Crispy Topped Shepherds Pie served with Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Cheese & Tomato Swirl served with Savoury Vegetable Rice

Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Minty Crispy Topped Shepherdless Pie served with Seasonal Vegetables

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts
Apple & Winter Berry Crumble & Custard
Fruity Jelly
Fresh Fruit Pot

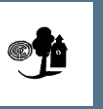
Choose One of Our Fabulous Desserts
Jam & Coconut Sponge
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Cherry Cookie
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Caramel Mousse with Bananas
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Vanilla Ice-cream & Fruit Sauce
Fruity Jelly
Fresh Fruit Pot

Making lunchtime the **highlight** of your day



HOT MARKET SANDWICH

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FRIDAY

MAIN MEAL

Parmigiano Chicken
Melt served with
Baked Wedges,
Peas & Sweetcorn

Greek Style Chicken
Shawarma in a
Pitta Bread served with
warm Cous Cous Salad &
Crunchy Veg Sticks

Baked Sausage Roll
served with
New Potatoes &
Spaghetti Hoops

Roast Gammon
served with Roast
Potatoes, Carrots,
Broccoli, Yorkshire
Pudding and Gravy

Breaded Fish Fingers
served with Chips,
Garden Peas or
Baked Beans
& Ketchup

MEAT FREE

Traditional Macaroni
Cheese served with
Wholemeal Garlic &
Herb bread, Seasonal
Vegetables

Greek Style Vegetable
Shawarma in a
Pitta Bread served with
warm Cous Cous Salad &
Crunchy Veg Sticks

Baked Vegan Roll
served with
New Potatoes &
Spaghetti Hoops

Quorn Sausage with
Roast Potatoes, Carrots,
Broccoli, Yorkshire
Pudding
and Gravy

Vegetable Spring Rolls
served with Chips,
Garden Peas or
Baked Beans
& Ketchup

PASTA & JACKETS

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Homemade Tomato and
Vegetable Sauce served
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Cheddar Cheese Sauce
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

DESSERTS

Choose One of Our
Fabulous Desserts
Strawberry Mousse with
Mixed Berry Compote
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Jam Roly Poly
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Fruit Flapjack
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Fudge Tart
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Chocolate Brownie
Fruity Jelly
Fresh Fruit Pot

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MAIN MEAL

Meat Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn

BBQ Chicken served with Potatoes Wedges & Seasonal Vegetables

Beef Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables

Sausage Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Margherita Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn

Quorn Fillet in a BBQ Sauce served with Potatoes Wedges & Seasonal Vegetable

Plant Based Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables

Vegetarian Sausage Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts
Sprinkle Cookie
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Syrup Sponge & Custard
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Chocolate Mousse with
Orange Wedge
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Carrot Cake
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Iced Sponge
Fruity Jelly
Fresh Fruit Pot

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