

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Crispy Chicken Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn Cheese & Ham French
Bread Pizza served with
Jacket Potato Wedges,
Crunchy Carrot &
Cucumber Sticks

Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Crispy Vegetable Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn Cheese & Tomato
French Bread Pizza
served with
Jacket Potato Wedges,
Crunchy Carrot &
Cucumber Sticks

Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Quorn Sausage served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegetable Spring Roll served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Cappuccino Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Ginger Cookies Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Ice Lolliy Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables Pork Sausage in a Crispy Baguette served with Crispy Potatoes & Vegetable Sticks Meat Feast
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy Breaded Fish Fingers
Served with Chips,
Garden Peas or
Baked Beans
& Ketchup

MEAT FREE Mediterranean
Vegetable Pasta Bake
served with Wholemeal
Garlic & Herb Bread
and Seasonal Vegetables

Quorn Sausage in a Crispy Baguette Served With Crispy Potatoes & Vegetable Sticks Margherita
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Quorn Sausage served with Potatoes, Yorkshire Pudding, Carrots and Broccoli

Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Muffin Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Cornflake Tart Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Carrot Cake Fruity Jelly Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 17/07, 15/09, 03/10



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad BBQ Pulled Chicken Wrap served with Savory Wholegrain Vegetable Rice & Salad Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Vegan Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Veggie Mince Chili Wrap served with Savory Wholegrain Vegetable Rice & Salad Vegetable & Lentil Bolognese served with Spaghetti, Garlic & Herb Bread and Seasonal Vegetables Quorn Sausage served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegetable Spring Rolls served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Sprinkle Cookie Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Iced Chocolate Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Ice Lolly Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot